

SUMMER 2022

THE HONEST TOOTH

NEWS FROM YOUR DENTAL CARE EXPERTS



What is All the Fuss about Gum Disease?

BY THE SMILES FOR LIFE TEAM

Everyone has heard about gum disease, but do you know what it is and why it's important to treat? The official name for gum disease is periodontal disease or perio for short. Perio is an infection that causes the loss of the bone that surrounds and supports the teeth. This bacteria that causes the infection creates harmful toxins that can enter your bloodstream and travel to other areas of your body, which increases the risk of stroke, heart attack, and diabetes. The bottom line is periodontal disease is caused by bacteria that live in the plaque and tarter on our teeth. However, certain factors can put you more at risk for developing periodontal disease, such as smoking, diabetes, poor homecare, recreational drugs and other health factors.

Perio can be treated but not cured. It is typically treated with a deep cleaning that includes antibacterial medication where the harmful bacteria and tarter is removed from beneath the gum. During periodontal therapy, we may also prescribe an antibiotic to help prevent the progression of the disease. If untreated you might experience tooth loss, greater risk of stroke or heart attack, uncontrolled diabetes, and women may have premature babies. Recent studies have also shown a direct link between Alzheimer's and periodontal disease.

Thankfully, our Hygienists are highly trained, so they can treat the disease and help you keep your oral hygiene at an ideal level. They are available to answer all of your questions and make various recommendations that can improve your oral and whole body health.



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Dr. Mac's 40 Years of Dentistry

BY THE SMILES FOR LIFE TEAM

Believe it or not, this August is Dr. McIntyre's 40 years in dentistry. He chose dentistry for multiple reasons, like watching his uncle, who was a dentist, run his practice and found that through dentistry, he could apply his ability to repair mechanical things similarly to the repair and maintenance of teeth. He compares dentistry to micro engineering because he designs and perfects amazing smiles in many different ways.

"Dentistry is like micro engineering"

-Dr. McIntyre

Dr. McIntyre's greatest accomplishment over the last 40 years would include marrying Becky, our office manager, raising six children with her, and now they have many amazing grandchildren. Through his big family he has been able to grow and continue his education by learning new technology, evolving societal expectations, and having more life experiences. He has also continued his education through his mentor John Kois of the Kois Center: Advancing Dentistry Through Science in Seattle, WA, and earned a degree from the center in 2012. Through this continued education, Dr. McIntyre has grown from focusing on aesthetic dentistry to restorative with aesthetic included, providing smiles for people whose teeth are not savable. He has learned a lot about oral health and the impact it can have on the rest of your body. Acid reflux is something that Dr. Mac is passionate about and looks to educate everyone about the long-term dangers it can have on your oral health. With all of this education, he is now well versed on the art of implants, or artificial tooth roots, to give people the smile they deserve.

Dr. McIntyre looks forward to maintaining our well-trained team that cares about our patients beyond their oral health. He looks forward to having new doctors join the team who can carry on great looking and long-lasting dentistry. Luckily, Dr. McIntyre loves dentistry and isn't going anywhere for a while, so when you see him feel free to tell him the amazing impact he had on you and congratulate him for 40 years of dentistry!



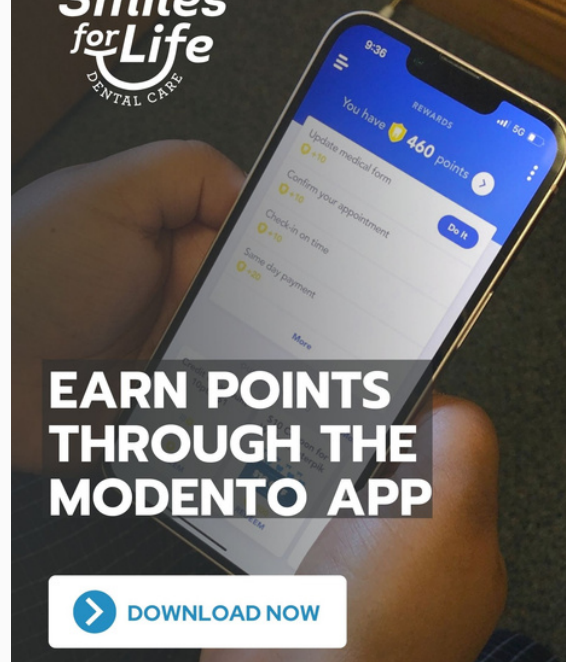
What is a dentists favorite kind of dinosaur?
A floss-iraptor!

"If you don't care about your teeth, who will?"

-TONI PAZ
DENTAL ASSISTANT

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Smiles for Life
DENTAL CARE



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Upcoming Dates

September 5th

Office Closed Labor Day

September 16th

Patient Appreciation Picnic from 5:30pm-7:30pm at Oakdale Park

November 21st-24th

Office Closed for Thanksgiving

December 1st

Both Office Closes at 4pm for our team Christmas Party

December 23rd-January 3rd

Both Offices are Closed for Christmas Break

Christmas Break

Some of the team hiked 4.5 miles at the Rose River Falls. They had a blast!



Laura's Success Story

BY LAURA B 2022

"I can not only chew a steak but I can smile during dinner! I never thought I would have both the function of chewing and an aesthetically pleasing smile restored in the same procedure but it happened at Smiles for Life. Dr. McIntyre and his amazing staff carefully guided me through the implant process to success and I couldn't be happier with my results! Dr. McIntyre placed all my implants perfectly and the fit is completely natural plus caring for my new smile is easy with the water pic supplied by the office."



Before



After

At Smiles for Life we offer a wide range of treatment from cosmetic to restorative and almost everything else in between. We have no obligation consultations available and we are accepting new patients. Do you or someone you know need new teeth or work done on your current teeth? Give us a call, we can't wait to see you!

Why Custom Mouth Guards?

BY THE SMILES FOR LIFE TEAM

Custom mouth guards are great because they address grinding and clenching, which can lead to jaw soreness. along with your teeth chipping, breaking and wearing away. Custom mouth guards fit your mouth much better than store bought ones that you would boil because they are made from a mold of your actual teeth. The great news is that we can make custom mouth guards to protect your teeth.



Here, at Smiles for Life we can make your custom mouth guard here at our office or send it to lab - depending on which is best for your situation. If you are experiencing sore jaws or excessive wear/chipping of your teeth, you may greatly benefit from a mouth guard. Ask your doctor and hygienist about getting one at your next appointment!



Drs. McIntyre, Whiting, & Associates
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PATIENT
APPRECIATION
PICNIC 9/16/22 FROM
5:30-7:30PM AT
OAKDALE
PARK

Meet Our New Team Members!

BY THE SMILES FOR LIFE TEAM

Meet our new Dental Assistant, Brittany! After having braces and Invisalign® she ended up shadowing for a dental office and fell head over heels for the profession. Now she is assisting the doctors and learning all about oral care. In her free time she enjoys fishing, hunting, and being outdoors. If you see her in the office tell her welcome to smiles family!



Brittany, Dental Assistant



Caylie, Hygienist

Meet our new hygienist, Caylie! Recently, she earned her Bachelors Degree in Dental Hygiene from WVU. She enjoys educating patients on the importance of oral health and helping patients be more confident within their smile. In her free time she enjoys outdoor activities, traveling, and spending time with her two mini golden doodles. A few of my favorite things include the tv show Friends, Starbucks Coffee, and an inspiration quote. If you see her in the office tell her welcome to the smiles family!

We Go the Extra Smile!

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